

## VIRTUE OF THE MONTH

Welcome to October! This month we are celebrating the monthly virtue: **REVERENCE.** Showing your deepest respect for things of God. "But just as he who called you is holy, be holy yourselves in all your conduct". (1 Peter 1:15)

Throughout October Kolbe students will learn about reverence through these inspiring exemplars: **St. Hyacinth, St. Tarcisius, and St. Margaret Clitherow.** 

We are called as parents and teachers to instill these virtues into our home and community as well. Here are a few creative ideas to help you celebrate and live with your family and community the mystery of Christ throughout the Liturgical Year.

Ad majorem Dei gloriam!

## LITURGICAL LIVING AT HOME

Elementary

- The symbol of **St. Luke** is an ox. In celebration of his feast day, have a family BBQ with grilled steaks, hamburgers, or oxtail soup! During your meal, gather for prayer and recite one of the canticles from his Gospel the Magnificat, the Benedictus, or the Nunc Dimittis. St. Luke is also recognized as the patron saint of surgeons and physicians. Remember to include them in your family prayers, and hug a doctor this month!
- Take a quiet tour of your church this month when it is empty. Whisper as you
  point out the statues, sanctuary, altar, tabernacles, sacristy, windows, and
  other features. Show reverence to Jesus in the Holy Eucharist by genuflecting
  facing the tabernacle.

Middle School

In honor of the Feast of the Guardian Angels, read the story of the
Archangel Raphael and Tobias in the Book of Tobit. Also, reflect on the Gospel
of Matthew, where Jesus speaks of children's angels in heaven (Matt. 18:10).
You can celebrate your angel by making an angel food cake and thanking
them for their protection and bringing your prayers to Jesus! Then, before
going to bed, say the rosary and picture your guardian angel softly reciting the
prayers with you. It's something they love to do!







## OCTOBER feast days

St. Thérèse of the Child Jesus (October 1)

(October 7)
St. Teresa of Jesus

(October 15)

Our Lady of the Rosary

The Holy Guardian Angels (October 2)

St. Luke (October 18)

St. Francis of Assisi (October 4) For a complete list see the October Feast Day Calendar below.

LET US Pray

PRAYER OF ST. FRANCIS OF ASSISI (PRAYER FOR PEACE)

Lord, make me an instrument of your peace:

where there is hatred, let me sow love;

where there is injury, pardon; where there is doubt, faith;

where there is despair, hope;

where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not so much seek

to be consoled as to console, to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

Amen.



## OCTOBER FEAST DAY CALENDAR

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			St. Thérèse of the Child Jesus	The Holy Guardian Angels	3	St. Francis of Assisi
5	6	Our Lady of the Rosary	8	9	10	11
12	13	14	St. Teresa of Jesus	16	St. Ignatius of Antioch	St. Luke
19	20	21	22	23	24	25
26	27	Sts. Simon and Jude	29	30	31	











Art By: Van Der Wyden (c. 1515) Mysteries of the Rosary

directions

Throughout October, in honor of **Our Lady of the Rosary**, families can pray the rosary together, meditating on sacred art throughout each decade. Here is a great visual resource: <u>Contemplating the Rosary through Art and Scripture</u>. After the rosary, reflect on these questions:

- 1. What kind of suffering and/or glory did Jesus and Our Lady experience?
- 2. How can I find joy in my own suffering?
- J In what ways can I imitate Jesus and Our Lady in these sacred mysteries?

